

GO-PACK BAG

checklist

- 1 whistle
- 1 flashlight
- 1 500ml bottled water
- 2 energy bars/ biscuits
- 1 set of extra batteries
- 1 disposable garbage bag
- 2 ziplock
- 1 bright-colored bandana
- 1 dust mask
- 1 first aid kit
 - 1 small bottle of betadine
 - 1 small bottle of alcohol
 - 1 small caladryl lotion
 - 1 hydrogen peroxide
 - 1 small box of band aid
 - 1 bandage tape
 - 1 pair of small scissors
 - small pouch
 - personal medicines